



Food	Water	Shelter
<p style="text-align: center;">Reserves</p> <p>The first area you will identify food supply is what is currently in your fridge, freezer, and cabinets. Food in your fridge will last about four hours. Cooking and eating this food will be a priority. Food in the freezer will last about 2 days. Taking food from the freezer and placing in the fridge will extend the life of both. Finally assess what is in your cupboards.</p>	<p style="text-align: center;">Reserves</p> <p>Take a count of all water reserves in your home including bottle water and water from toilets. Ration this water if other sources are available.</p>	<p style="text-align: center;">Safe</p> <p>In a natural disaster there is a chance that your home was damaged. You need to assess how bad and determine if it is safe to stay in. Your priority will be to make sure it is before someone is hurt. This area can determine if you bug in or bug out.</p>
<p style="text-align: center;">Animal Sources</p> <p>Day 2 or 3 begin looking for food from animal sources. The priority option, of course, is from farm animals such as chickens. Also, begin looking at squirrel and bird populations in the area.</p>	<p style="text-align: center;">Rain Water</p> <p>If it is raining set out water catchment containers such as buckets and bowls. Use the rain gutters to catch water. All water should be filtered and boiled if possible. If this is not possible catching rain water directly will be the safest.</p>	<p style="text-align: center;">Dry and Warm</p> <p>Your next task will be to make sure your shelter is dry and warm. Staying dry and warm will increase your odds of surviving. A wood stove is a great source of heat plus you can cook food. It will help keep you dry as well.</p>
<p style="text-align: center;">Vegetation</p> <p>In addition to animal sources begin gathering vegetation that can be consumed. The priority source is from gardens. Secondary sources are from the landscape around your home. Do not harvest plants that you can't identify.</p>	<p style="text-align: center;">Ground Water</p> <p>Ground water comes from sources such as creeks, rivers, and rain water that has accumulated. This water source will need to be filtered and boiled to ensure it is safe to drink.</p>	<p style="text-align: center;">Secure</p> <p>Many people will be impacted by a natural disaster. Everyone's goal will be to survive. For those that are prepared they can become a potential target for those who have not. Make sure your shelter is secure. This can be done with additional locks on doors and boarding up windows.</p>
<p style="text-align: center;">Tools and Supplies</p> <p>*Propane options such as bbq and camp stoves  *Wood burning options such as wood stove and rocket stoves  *Kitchen supplies. Cast iron is great for cooking on wood stoves</p>	<p style="text-align: center;">Tools and Supplies</p> <p>*Buckets and bowls for catching water  *Water filters and purification tablets  *Tools to boil with</p>	<p style="text-align: center;">Tools and Supplies</p> <p>*Wood stove. A rocket stove or tent stove are great compact options  *Basic carpentry tools  *Wood. Plywood sheets.</p>